

WHY
CHOOSE
OT?



Help People Live Their Best Lives Become an Occupational Therapy Assistant

Occupational therapy (OT) is a healthcare profession that helps people of all ages participate in the meaningful activities they need and want to do, regardless of injury, disability, or health condition. OT is an inspiring and rewarding profession that combines hands-on care and creative problem-solving to change lives.

Why Choose Occupational Therapy?

- Start working as an OTA in 2 years with an associate degree or in 4 with a bachelor's degree
- Transformational, rewarding work
- Holistic care and meaningful patient relationships
- Diverse career opportunities and settings
- Job stability and growth
- Constantly-evolving field for a dynamic career
- Work-life balance with flexibility

"I have a passion for people and a heart for creativity. While the job is to help people in their daily lives, I find that each person I interact with makes a huge impact on my life as well."

Mary, OTA

"I had seen first-hand the life-changing results of OT. The fact that it was an associate's degree made it affordable and achievable."

Elizabeth, OTA

Median Salary
\$72,300
(2025)*

OTA employment
is projected to
**grow by
20%**
by 2035*



Candidates with skills, such as **adaptability**, **compassion**, and **strong interpersonal skills**, are well-positioned to succeed in OTA programs and beyond.

Occupational Therapy Areas of Practice

Adult Rehabilitation
Pediatrics
Orthopedics
Ergonomics
Mental Health
Older Adults
Developmental Disability
Home Health
Assistive Technology
Health & Wellness
Neurorehabilitation
Education
Research
Equine Therapy
And More...



**WHY
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Pathway to Becoming an Occupational Therapy Assistant

- 1 Explore and apply to an accredited associate or bachelor's OTA program.
- 2 Graduate with an associate or bachelor's OTA degree.
- 3 Pass the national occupational therapy board exam and earn COTA® certification.
- 4 Obtain a state license to practice.

Common Course Prerequisites*

Anatomy
Anthropology
Biology
Kinesiology
Medical Terminology
Physiology
Psychology
Sociology

* Check the websites of the schools you're applying to for program-specific requirements.



To learn more about real-world OTAs and for information about OTA programs, visit

WhyChooseOT.com

